

HeroPath helped Shira discover what to do with her life... And will help you too - *Guaranteed!*



Shira was 17 when she came to a HeroPath For Teens™ workshop in January 2006.

She was a good student in school and had a small, loyal group of friends and was close to her family. She knew that she could achieve whatever she set her mind to do but her problem was; she didn't know what she wanted to set her mind to!

Like many teenagers she was unsure of what to do with her life.

What made it worse was the thought of doing all the work to get into university, then working hard for a degree, without knowing for sure what she wanted to do with it when she'd got it. This left her feeling discouraged and even overwhelmed. She was very clear what she wanted out of the workshop. She wanted to know what she wanted to do with her life!

One of the things about this question (and it is one we get asked about a lot) is that many teenagers get stuck, thinking that they need to know a single answer.

They hear stories about people who knew at a young age what they wanted to be. Perhaps they have peers who already do.

What they fail to recognise is that the vast majority of people had no idea what they wanted to do with their lives when they were teenagers.

Even those who did have an idea, by the time they had finally achieved success in their fields, often found that they had to take a circuitous path to get there.

I often tell teenagers to ask all the adults in their lives if their lives have worked out exactly as they planned it when they were in their teens. Few, if any, will say yes - yet most if not all, will say that the journey to getting there was what made it all so interesting and fulfilling!

At HeroPath For Teens™, we teach young adults that there are two primary ways people can resolve the question of what to do with their lives.

One group of people just know from a young age what they want to do, and then they make a series of necessary and often obvious choices, to ensure they get there. This group is by far the minority.

I met a 747 airline captain recently who knew as a child that one day he wanted to be the captain of a 747. He didn't want to be the captain of a 737 or a 757. He wanted a 747. A career goal doesn't get much clearer than that!



It took him 22 years from the day he got his pilot's licence, but he finally made it. His journey led him to flying tens of thousands of hours in small planes and in the co-pilot's seat, but it finally paid off. About three years ago he was promoted and his dream came true. Now he captains 747s all over the Pacific, flying from Asia to Australia to Europe, then back home to North America.

Remember: It took him 22 Years!

The other group of people who work out what they want to with their life, do it by recognising a direction they are drawn to, then sticking with that direction for a lifetime. This is far and away the most common approach, and in my experience, the group with the most fascinating stories. Their goal is to follow the direction and where it leads, even though it may mean doing many different things in different places at different times.

I recently saw the film, 'The King's Speech', an inspiring true story of how Lionel Logue helped King George VI overcome his speech impediment. As the story unfolds we learn how Logue's training as an actor led him to be assigned to the role of speech coach for soldiers who'd been traumatised by war.

Through his experience in helping them learn to speak again, he developed a deep and profound insight into the nature of speech impediments and what it takes to recover from them. He was able to do with his clients what no one with formal training, as a speech therapist, had been able to do (and he charged substantially more money than them)!

While his initial direction in life led him to the theatre and acting, even though he never succeeded with it, it was this training that led to his greatest role – that of helping the King of England and eventually gaining wider recognition through being ennobled by the King.

When he was getting rejected from auditions in the theatre in his native Australia, if anyone had told him that if he just kept going in this direction it would lead him to one day befriend the King of England and help him to inspire a nation, I doubt he would have believed it!

Logue's story is one of millions. It is my own story. It is my colleague at HeroPath For Teens™, Des Barry's story. *(You may know that Des grew up on a farm in New Zealand and only got a motorcycle when, as a teenager, a colleague's brother died and a motor bike had to be sold as that family needed money. That one small offer to Des took him on a path that eventually led him to move to the UK, become British National Champion and one of the top racers in the world. It was in England that Des met his wife.*



It is the story of so many people. And it is becoming Shira's story!

Using the MythoSelf® Process that we teach at the HeroPath For Teens™ workshop, we helped her to recognise for herself all the signs and signals in her that pointed her in a particular direction. She recognised that indeed she did have direction, and it made her next decision very easy.

It is now several years later and she is well on her way in her life.

She no longer worries about finding the one thing to do with her life, having decided instead to stay in the right direction and trust that things will work out for her. When last we heard from her she was working in the USA and applying to post graduate school for a course she learned about through someone she worked with along the way.

She was happy as could be.

We look forward to helping you or if you are a parent, your teenager, to find their direction in life too. We'll also help them learn to recognise the opportunities in front of them, but perhaps most importantly, we help them learn to create opportunities when none exist. But that will have to be the topic of another newsletter!

A happy, healthy and prosperous 2011 to you. Make sure it begins this way for your teenager by signing them up for a 2011 HeroPath For Teens™ workshop.

NOTE: There are only TWO workshops scheduled for 2011. Limited to 18 participants. Once they fill, the offer is closed.

25-27 February
18-20 November

Remember, we 100% Guarantee Results!

Contact: Des Barry at 44-07768-277-929

Heropath1@aol.com

www.HeroPath.co.uk